

# **SUMMER 2022**

## **BACKPACK DRIVE**



Did you know that it can cost upwards of \$1000 to send a child back to school? And some families need to choose between paying a utility bill or buying school supplies.

With **YOUR** help we can fill **150 backpacks** with all the necessary school supplies a kiddo needs for academic success this school year. Scan the QR Code to learn more:



Your Legacy of Hope gift can help fund the important work we do for children and families for another 100+ years.

Contact: Jennifer Cretella at 203-772-1270 ext. 2208 or jcretella@cliffordbeers.org



## **BOARD OF DIRECTORS**

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### **A Note From Alice**

Dear Friends.

While summer is a time of rest and relaxation for many, Clifford Beers always stands ready to help our community. In May 2022 we held our first Builders of Hope Breakfast since 2019. We connected, laughed, and celebrated being together in person. We were inspired by our keynote speaker Dr. Brenda Combs and announced the launch of our rebranding efforts. We have always known that families heal best when they have equitable and coordinated access to mental health and wellness services. To better reflect this philosophy of care and the wide range of coordinated and comprehensive services available to children, families, and communities we've renamed Clifford W. Beers Guidance Clinic to: Clifford Beers Community Care Center. To learn more, please visit our new website www.cliffordbeersccc.org.

On July 5th we welcomed 100+ students from New Haven Public Schools at Camp Farnam in Durham, CT. Camp Farnam will run through July 31st with campers participating in various recreational and enrichment activities including swimming, basketball, theater/drama, arts/crafts, and mindfulness. A huge thank you to all those who helped get camp up and running – our campers and staff are having a blast! Farnam Neighborhood House also has a new playground and construction on our third classroom is complete.

Our Mobile Crisis Intervention Services and Community Healing Support Teams continue to respond to families in need of our help. These teams do amazing work day in and day out responding to crises and tragedies in our communities. We are working to expand our school-based services to Hamden Public Schools providing students, families, and staff with ready access to trauma-informed mental health services.

With the official launch of our new parent company, the Clifford Beers Community Health Partners, we look towards continued growth to meet the complex, and ever-changing needs of our communities.

With gratitude,

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## INTRODUCING: CAMP FARNAM

For decades, Camp Farnam has provided youth and families from New Haven a unique opportunity to experience community building and outdoor recreational activities at our 72-acre camp in Durham, CT. After a 3-year hiatus and extensive renovations, Camp Farnam welcomed 125 New Haven Public Schools students this summer to experience swimming, basketball, hiking, arts and crafts, theater, and yoga with a focus on social-emotional learning and mindfulness.

Thank you for your support and providing this opportunity for our youth to experience summer at its best!



## DONOR SPOTLIGHT: LINDY LEE GOLD

For decades, long time donor and local philanthropist Lindy Lee Gold has advocated for mental health. As a founder and President of Fellowship, Inc., founder of Cornerstone, Inc., aka The Connection, and the first female President of the Jewish Community Center of Greater New Haven, Lindy's passion for advocacy and commitment to the New Haven community is unparalleled. Learn more about Lindy Lee Gold and why she supports Clifford Beers Community Care Center below.

## What issues are most important to you when it comes to philanthropy?

"My lifelong philanthropic goal is systemic, sustainable change in which mental health plays a pivotal role. The Amour Propre Fund, Inc. where I serve as President, helps to provide this change. Amour Propre translates to 'self esteem,' an essential component of mental health. Providing access to services that are essential to mental health is critical."

### What made you want to get involved with Clifford Beers Community Care Center?

"I have known about the organization for as long as I can remember. What made me want to get involved includes the incredible leadership of Alice Forrester and the track record of life changing results achieved by CBCCC. I've seen first hand the impact your wraparound services have in helping families meet their basic needs and heal from their traumatic experiences."



\*Photo courtesy of Judy Sirota Rosenthal

#### What other boards or organizations are you involved with, and why?

"I sit on numerous boards in greater New Haven and statewide. I am past President of Gateway Community College Foundation and provided funding for the new Wellness Center. I provided support and funds for the Family Economic Security Program at Housatonic Community College Foundation. As part of my involvement in the Southern CT State University Foundation, I provided funding for the Women's Leadership Program and the Leadership Program for SCSU's new School of Business. I am a major supporter of Y2Y, a joint initiative with Youth Continuum (CBCCC partner organization), student leaders from across New Haven, and the Boston-based Y2Y Network. The joint initiative will provide shelter and support services for young adults, ages 18-24, experiencing homelessness in greater New Haven. I also sit on the Basic Needs Advisory Group for the Community Foundation of Greater New Haven.

#### What's one quote or phrase you live by?

"You are not obligated to complete the work, nor are you free to abandon it" - Pirkei Avot Mishnah



Did you know that the Diaper Bank of CT can be accessed at three of our locations?

Diapers can be picked up or donated at any of our offices at 41 Marne Street in Hamden, 93 Edwards Street in New Haven or our Farnam Neighborhood House program at 162 Fillmore Street in New Haven. While the Diaper Bank's main office is located in North Haven, we are proud to offer additional locations to our families to make diapers more accessible for new parents/caregivers.

For more information on how to make a donation, please visit: www.thediaperbank.org/.