HELPING FAMILIES EVERY STEP OF THE WAY

I have been working with the Johnson family since late spring. The parents have identified needing much support emotionally and financially after experiencing a number of deaths in their family. Because of these tragic losses, we placed the parents and children in our family therapy services as well as individual therapy. We gave them resources for job placement and financial planning, to which the mother obtained a job as a parking attendant where she has since received an increase in pay. When the family first came to us, they were struggling with transportation since they did not have a car. Thanks to the financial planning services we connected them with, the parents were able to save and purchase a family car. While their two children were struggling academically in school, the family has reported their grades increasing and they have even gotten involved in new extracurricular activities. This family that came to us reporting great stress and unhappiness in their lives have since reported feeling much more stable, financially and emotionally. I am so proud to see their growth in such a short period of time, and that we were instrumental in helping this family identify their strengths and guide their healing where it was needed.



-Clifford Beers Care Coordinator



OPERATION HAPPY HOLIDAYS!

Want to bring the families we serve some holiday cheer?

Help us by donating a \$20 gift card from Walmart, Target, or Amazon. We will be collecting donations and gift cards through December 15th. You can also provide a whole family with much happiness through the Adopt-a-Family initiative for the Holidays.

For more details: Email Jennifer Cretella jcretella@cliffordbeers.org/203-772-1270 ext. 2208.

BOARD OF DIRECTORS

Sandra Bulmer, PhD

Ruth Eren, Ed.D.

Norman Bender

Juan Candelaria **Charlene Chiaro**

Jacqueline Epright, CPA

Robert Reed **Robert Wechsler**

Melanie D. Rossacci





A Note From Melanie

Dear Friends,

I am truly honored and humbled to be writing my first note to all our donors as Executive Director of Clifford Beers Community Care Center (CBCCC). I could not be more grateful for this opportunity and I am exceedingly proud to be the next in line to lead this 100+ year legacy organization.

There are always so many incredible things happening at Clifford Beers, I wanted to take this time to share just a few.

Summer 2022 marked the first summer since 2018 that Camp Farnam in Durham was fully operational. It was a huge success and served 500 campers from New Haven. The Farnam staff did a phenomenal job to get Camp Farnam ready and fully operational. There are already plans for next summer to potentially offer speciality services for the autism/IDD population and a week of grief camp for families, in addition to their regular programming. The potential for Camp Farnam is really quite exciting!

Our school based services, both Clinical and Care Coordination services, are fully ramped back up in New Haven. I am also very pleased to announce that we have expanded our school based services to Hamden Public Schools. CBCCC is now embedded in both Hamden Middle School and Hamden High School. We are thrilled to be able to reach more kids to help meet their mental health needs right within their school environment.

Our Mobile Crisis team is working diligently to move to the new state mandated 24/7 mobile crisis response on January 1, 2023. The team is ready to move forward with the expansion of this foundational children's mental health service. We will be ready to respond as needed by our community.

Our Community Healing Support Team (CHST) has now expanded to serve the Town of Hamden, in addition to the City of New Haven. Over the summer, the CHST Team responded to several incidents, including to Hamden H.S. in response to a student killed in a motor vehicle accident, attended vigils and funerals to provide emotional support and completed community canvasses in area neighborhoods to check in on people and inform them of what services may be available to them. The team continues to make a concentrated effort to include community members in all neighborhood canvasses. This work has helped in making the connection between CBCCC and community even stronger.

Finally, CBCCC was chosen by DCF as the New Haven provider to implement the Urban Trauma Initiative in our clinical services. In this work, clinicians are training in a clinical model specifically designed to work with clients that have experienced urban trauma. Each participating clinician will learn specific techniques and will then have a specialty area for working with individuals who have suffered through urban trauma. Our clinicians are very excited for this opportunity.

These achievements would not have been possible without you. To our loyal donors and friends, I am very much looking forward to working with you all to ensure that Clifford Beers Community Care Center continues to be the best community serving organization it can be.

Sincerely,



DONOR SPOTLIGHT: DAVID NEWTON

David Newton is a New Haven native, longtime supporter of Clifford Beers Community Care Center, and, what he calls, a "professional volunteer". Learn more about David's passion for philanthropy and why he centers his life around giving.

What issues are most important to you when it comes to philanthropy?

Addressing the needs of the underserved–shelter, food, health, education–the social determinants which affect the ability of individuals to lead a safe and meaningful life. The role of the Arts in our community is also critical for emotional expression and mental health.

What made you want to get involved with Clifford Beers Community Care Center?

As a life-long resident of New Haven, I've witnessed the work and outcomes of CBCCC's care and work. Now as we enter a post pandemic world, so many people are recovering from the trauma and are in need of care–especially those served by CBCCC. I have great respect for CBCCC's leadership and Board, and that gives me confidence that my support will be efficiently and effectively used.

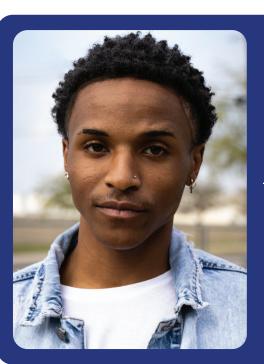


What other boards or organizations are you involved with, and why?

I currently serve on the Boards of St. Martin De Porres School, Health Equity Solutions, the New Alliance Foundation and the Elm Shakespeare Co. I formerly served on the Boards of the Hopkins School, the Community Foundation of Greater New Haven and the Connecticut Health Foundation, among others. All of these organizations address the needs and aspirations of the New Haven Community and are worthy of support. It's my belief that one has three primary responsibilities in life-family, profession and community. My commitment to my community, and to the non-profit organizations serving those who live and work here, is both a responsibility and a privilege.

What's one quote or phrase you live by?

We make a living by what we get, but we make a life by what we give. - Winston Churchill



Luis started tenth grade this year and recently chose to live with his grandmother after his relationship with his father became difficult. He loves his father, but prefers to live with his grandmother while his father works on getting his life on track while recovering from substance use. Luis, his father, and grandma came to Clifford Beers for help and we discussed healthy communication and strategies they can put in place for Luis and his father to spend quality time together. After having a number of Child Family Team (CFT) meetings together, Luis's father initially just stopped for short visits, but has since started spending time together on weeknights and Luis occasionally stays with his father on the weekends. Luis's father has become so enthusiastic and involved in this process, attending all of Luis's soccer games and attending parent-teacher nights at school with grandma. Luis is now very excited to spend time with his father, and I've watched their relationship heal over these last months. The whole family has become so much closer, and the communication skills they have all learned have helped greatly in that process. It's amazing to help a once strained family come together and learn to love again.

-Clifford Beers Care Coordinator